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Artistic rendering of completed project

New health center opens in fall

By MARK RICE
USAG Vicenza Health Center

If you are walking anywhere near the Vicenza Health Clinic, Arena, or the track area chances are you can't help but notice the beautiful, white building being built just across from the present health center.

This will be the new Vicenza Health Center, slated to open in the fall. The new

center will provide the same services the U.S. military community in Vicenza has come to expect, but in a larger, modern space, taking advantage of the newest outpatient health care technologies.

The new center will include an expanded primary care capability (20 exam rooms and three treatment rooms), expanded dental (37 chairs, plus an expanded oral surgery capability), pediatrics, radiology, pharmacy, physical therapy, plus a same-day surgery

suite.

The new building is a \$52 million project that will replace the present facility, which was built in the mid 1950s. The present health center began service as a hospital. As the Army's health care needs and methods of provisioning care have changed, the clinic has also changed. The new building reflects the Army's need to ensure Vicenza Soldiers and family members are provided

See HEALTH Page 2

Deployment support

Free GAT self- assessment now open to families

By ANNETTE FOURNIER
USAG Vicenza Public Affairs Office

The Army has now opened the Global Assessment Tool for family members, who can use the free online survey as a way to assess their overall well-being and identify areas of personal growth.

The GAT, available for families at www.army.mil/csff/family.html, is one element of the Comprehensive Soldier Fitness program. The CSF program measures a person's fitness in five key areas: social, emotional, spiritual, family and physical.

The GAT is a confidential survey which delivers instantaneous results to the user, showing which areas they exhibit a high level of resiliency, and which areas could use some work. It provides immediate results that link to tailored self-development

See GAT Page 3



Photo by Laura Kreider

Firefighters keep skills sharp: Caserma Ederle firefighters replace the No. 1 attack line on Fire Engine 1 following proficiency training near the post gym Jan. 26.

"The training objective it to demonstrate the proper methods while connecting to a building sprinkler system and preparation for search and rescue operations," said Chris Bender, assistant fire chief.

According to Bender, regular proficiency training is a valuable tool for firefighters to hone skills and develop new tactics. Fire Engine 1 was connected to a hydrant to support the building's sprinkler system hoping to slow the spread of fire to the unaffected areas of the building. Rescue 1 crew prepared a hose line and the tools necessary to make an entry into the building and locate victims.

"Being the senior fire office, I established an incident command post and requested mutual aid from the host nation fire department. I also activated emergency recall procedures, recalling all available off-duty firefighters and notified the EOC of the event," Bender said.

ODR tour guide provides nearly half-century of service

Story and photo by
SAMANTHA SMITH
Contributing writer

As we pulled up to the shoppette in the wee hours of the morning for our recent ODR trip to taste parmesan cheese and Traditional balsamic vinegar, we were glad to see that our tour guide was Lisa Xodo.

Xodo has worked on Caserma Ederle since 1965.

“Back then it was very different,” says Xodo. “We started slowly by taking free trips to the beach and downtown to hear live music.”

At the time, entertainment on post was limited to ping pong, ice cream and pizza night, all contained in Bldg. 108, now the Family Readiness Center, according to Xodo. The building also hosted a telephone office, she said.

“It was so difficult to call the States at that time,” she said.

Earlier this year Xodo received an award from Col. Erik Daiga, USAG Vicenza garrison commander, for her “ability to achieve a successful result out of a tragedy,” as Xodo puts it.

According to passenger Marva Dixon, who was on the overnight trip to Switzerland, there was a mishap with the bus.

“Lisa was comforting everyone, took us to a restaurant and kept us occupied,” she said. “That hospitality, caring nature was really outstanding.”

Dixon and her husband have taken 10 ODR trips since moving to Vicenza and “every trip has been phenomenal,” she said.

Xodo is on call for Wednesday and weekend trips and still enjoys showing Italy to newcomers, even after more than 40 years on the job.

When asked about her favorite destination, she diplomatically states that “every place has its own special quality.”



Lisa Xodo has worked on Caserma Ederle since 1965. She is on call for Wednesday and weekend trips, and says she still enjoys showing Italy to newcomers.

Health center commander welcomes facility tour inquiries



Photo by Mark Rice

continued from Page 1

the best possible care.

Vicenza Health Center Commander Col. Kimberly Armstrong says she is excited about her pending duties as the medical commander of the new facility.

“Every time I go over to the building, I’m amazed at

The \$52 million project will open by fall and includes a same-day surgery suite. The facility replaces the current health center which was constructed in the 1950s.

the changes and the pace of construction taking place,” said Armstrong.

“One thing for everyone to keep in mind is that the new Vicenza Health Center is not a hospital,” she said, hoping to correct any misconceptions about the size and scope of the building. “Although the birthing pavilion will still provide inpatient services to moms and newborns in the birthing suites, any issues requiring stays of longer than 24 hours will still be routed to San Bortolo,

Landstuhl, or stateside.”

Armstrong said she and her health care team hopes the community is as excited about the new center as they are, and she’s very interested in providing information about the facility to the entire community. Although the new center is an active construction site, Armstrong welcomes tour inquiries.

If your group or organization would like to tour the new facility, call Mark Rice at 634-7506 or CIV 0444239553.

Speak Out

What are your favorite movies and books from 2009?



Staff Sgt. Michael Hall
457th CA BN

“*Twilight*, *Knowing*; books by Edgar Poe and Team Yankee.”



Michelle Krewson
Library

“*Generation Kill* and (book) *The Forever War* by Dexter Filkins.”



Jayden Figueroa
1st Grader

“My favorite movie from 2009 was *Iron Man*.”



Ary Marsee and Chris Stucky
11th Graders

“*Movies: Legion and Twilight*; book: *The Adventures of Huckleberry Finn* by Mark Twain.”



Pvt. Jamie Williams
511th MP Platoon
Camp Darby

“*The Hangover* was hands-down the best movie ever.”

Want a voice in how services are rendered on your installation? Visit http://ice.disa.mil/index.cfm?fa=site&site_id=321 today. Your feedback will help the command maintain the quality of excellence you expect.

TRICARE announces new military pharmacy prices

ERMC news release

The TRICARE Management Activity Uniform Business Office has announced changes to the Military Health System pharmacy prices as of Jan. 3.

TMA's new pricing sets charges for pharmaceuticals at the same level TRICARE would reimburse for similar drugs under its retail pharmacy program.

What this means for you:

- You may notice a price change in

your current prescriptions; although some pharmaceuticals you currently receive may be priced higher, the majority of prescription drugs will be available at the same or a lower price. About 14 percent of the current prices will remain the same and about 55 percent will be less.

- TMA UBO has added a \$2 dispensing fee consistent with the average allowable dispensing fee under TRICARE Retail Pharmacy.

- Prices for most over-the-counter

drugs will not change significantly.

TMA reminds beneficiaries that the military pharmacy may not always be the lowest cost option, and encourages patients to compare prices with other commercial pharmaceutical sources to ensure you receive the lowest cost.

The Europe Regional Medical Command Uniform Business Office will offer an

updated Pharmacy Pricing Estimator Tool with the new military pharmacy rates upon TMA release through its Web site at <http://www.eubo.healthcare.hqusareur.army.mil/>.

For more information, contact the ERMC Uniform Business Office by e-mail at eubo@amedd.army.mil or by clicking on the "Contact Us" tab on the eUBO Web page.

FAST FACT

About 14% of prices will stay the same

About 55% will be less

Post office to add e-mail notification option

By ANNETTE FOURNIER

USAG Vicenza Public Affairs Office

The Vicenza Postal Service Center will begin offering patrons the option to receive an email notification when they receive mail, a package or both.

Postal service employees will distribute questionnaires to mail boxes in early February asking people if they'd like to take part in the program, which is expected to be in place in about 45-60 days. Patrons who wish to participate should fill in their information, provide an email address and give it to the staff at the mail counter. Forms can be turned in directly, without waiting in line., or emailed to usag.vicenza.cmr@eur.army.mil.

Many patrons check their mail-boxes every day, said Richard Hendrickson, chief of Administrative Services, which oversees the Postal Service Center. The new

service will eliminate unnecessary trips for patrons and also help people avoid the problem of leaving mail in their box for extended periods of time.

"This service will be beneficial to our community," Hendrickson said. "This will be individually tailored to the customers."

The time it take to become active will depend on the timeliness of responses from patrons, as well as the time it takes to input the information into the Postal Service Center's database. The Postal Transformation Office is trying to introduce the service across installations throughout Europe, according to the PTO's January newsletter.

Construction will also begin Feb. 15 to change the internal structure of the Postal Service Center. After the construction, packages will be available for pick-up at the front postal service counter. Postal authorities estimate the work will be completed by July.



File photo by Laura Kreider

The Caserma Ederle Postal Service Center will distribute questionnaires to mail boxes in early February to ask patrons if they would like to sign up for e-mail notifications when they receive mail and/or packages.

GAT: Survey designed to build 'holistic approach to fitness'

continued from Page 1

training, according to Megan Hallam, USAG Vicenza's health promotion officer. The data collected by the GAT is separated from personally-identifiable information, and results remain completely confidential. Later, the anonymous data will be analyzed by Department of the Army specialists to find trends among Army communities, identify gaps in services and plan for upcoming needs.

"The Army, in recognition of the unique and increased challenges faced by family members on a daily basis has designed the family member element of Comprehensive Soldier Fitness to provide families with the thinking skills and coping strategies to take care of themselves, their Soldier and their family," Hallam said. "Recognizing

the value of this holistic approach to fitness, our leaders here in Vicenza established the first CSF Working Group under the Community Health Promotion Council to implement this program at the Community level. "

The Vicenza working group is providing coordination between agencies to ensure community members are aware of the programs and services available to assist them. Representatives from Army Community Service, the school system, behavioral health, Chaplain's Office, Army Substance Abuse and the wellness center are a few of the agencies involved in the program at Vicenza.

The working group would like to be able to establish links that direct GAT-users to local agencies and services at Vicenza, so families can find people within the community to contact. That

idea is a possibility for the future, but currently, family members can call the Army Wellness Center, ACS or the Chaplains' Office for more information on programs and services.

Family members can track their individual progress on building their resiliency by periodically visiting the Comprehensive Soldier Fitness Web site and participating in a re-assessment.

A version of the GAT, adapted for Army civilians, is expected to be released in March, according to Hallam.

The GAT was released in October as a requirement for Soldiers, who are supposed to complete it by May 31. Deploying and deployed Soldiers have a waiver on completing the GAT until redeployment, so many Vicenza-based troops will complete the assessment when they redeploy.

Family members can take the GAT online at www.army.mil/csffamily.html

For information on Vicenza programs, call:

■ Army Wellness
634-8186 / 0444 71 8186

■ Chapel
634-7519 / 0444 71 7519

■ ACS
634-7500 / 0444 71 7500

For more on Comprehensive Soldier Fitness, visit www.army.mil/csff

The Outlook

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At your service

Deployment Support



Elizabeth Montanino is Caserma Ederle's Child, Youth and School Services Deployment Support specialist. "I manage all extended child care services in support of the deployment cycle to include care for Family Readiness Group meetings, Saturday care, Parents' Night Out and care in support of pre-deployment, deployment and reintegration needs," she said. Montanino's position was created from the Army Family Covenant to support local Soldiers and families. She monitors AFC benefits which include 16 free hours of child care each month, reduced full time care costs, four free SKIESUnlimited credits and two free CYSS Sports registrations for families of deployed Soldiers and civilians.

She can be reached Monday-Friday, 8 a.m.-4 p.m. at 634-7401 / CIV 0444-71-7401.

Community Camera

A snapshot of events making news in and around the U.S. military community in Vicenza...



Photo by Barbara Romano, JMTC Photo Lab

In recognition: Italian leaders and emergency responders were recognized in a ceremony Monday at the Caserma Ederle movie theater for their roles in Lion Shake, the installation's 2009 force protection exercise. The annual exercise is closely integrated with Italian authorities and allows the various agencies involved to work cohesively in case of an emergency situation.



Diving right in:

Sgt. Gabriel Green-Garcia, of the Warrior Transition Unit, takes a dip at Caserma Ederle's newly opened indoor pool Jan. 26. The pool will be available for Soldier support including drown-proofing classes and Warrior Transition Unit rehabilitation. It is also available for swim meets, recreational swimming, classes, lap swim and water aerobics. The fitness center is hosting swimming classes for spouses and lifeguard certification training.

Photo by Laura Kreider

Let the good times roll:

Families in the Exceptional Family Member Program bowl together at the Arena Jan. 29. Two-year-old Revyn enjoys her first time bowling with the help of her parents Dumac and Spc. Alicia McKay, HHD, 14th Transportation Battalion.

Photo by Laura Kreider



Photo by Laura Kreider

Ambassador visits Ederle:

The new U.S. ambassador to Italy and the Republic of San Marino, David Thorne, visits Caserma Ederle's South of the Alps Dining Facility Jan. 28 with Maj. Gen. William Garrett, U.S. Army Africa commander, and Col. Erik Daiga, USAG Vicenza garrison commander. Thorne, sworn in Aug. 17, toured Ederle and met with American and Italian military officials during the visit.

Photo by Laura Kreider



Tax Center opens:

Capt. Todd Gately (right) Tax Center officer in charge, explains the details of a tax return to Pfc. James Hatcher, HHD, 14th Transportation Battalion, after the center officially opened with a ribbon-cutting ceremony Jan. 28 at the Staff Judge Advocate Bldg. 241. Patrons can get their taxes done on a walk-in basis Mondays, Wednesdays and Fridays from 9 a.m.- 4 p.m. and by appointment on Tuesdays and Thursdays. For information or to schedule an appointment, call 634-7316 or CIV 0444-71-7316.

Darby Dates

Improve your quality of life

Make a difference in our community and in the military by submitting quality of life issues through your AFAP program manager, online at www.usag.livorno.army.mil or drop ideas off in any of the submission boxes around Camp Darby or at ACS Bldg. 504.

Issues will be vetted and reviewed for submission to the Europe conference during Camp Darby's 2010 conference Feb. 24-25 at the installation's community club.

Texas Hold'em

Come to Texas Hold'em Friday. Free pasta for all of the players. Call 633-7855 for details.

Valentine's Day sweetheart dinner

Say 'I Love You' with dinner at the Community Club. Enjoy a romantic candlelight dinner with your sweetheart Feb. 13. Tickets go on sale Monday through Feb. 12. Dinner is limited to 50 persons. Call 633-7855.

ITR trips

Collodi trip: Take a delightful trip Saturday to the picturesque town of Collodi, also known as the home of Pinocchio. Whether you chose to visit the Pinocchio Park, the Garzoni Gardens or the new Collodi Butterfly House, you're sure to have a great time. Call 633-7589.

Viareggio Carnevale: The carnival of Viareggio is an annual event held in the Tuscan city of Viareggio.

It is considered among the most renowned carnival celebrations of Italy and all of Europe. It is famous for its extravagant parade of floats and masks. Call 633-7589.

Outdoor Recreation offers ski trips on Saturdays

ODR offers ski trips every Saturday in February. Call 633-7775 for information.

Valentine's Day roses

Make reservations to have a dozen red roses delivered on Darby and Depot Feb. 12. A dozen roses cost \$45 and can be ordered until Feb. 11 at 633-7775.

Super Bowl XLIV

Super Bowl XLIV Frenzy is set for Sunday at the Community Club. The fun starts with Texas Hold'em at 7 p.m.

Pre-game begins at 10:30 p.m. Brush up on your football trivia and win prizes too. Free popcorn and hotdogs. Call 633-7855 for details.

Darby Religious activities

For details, call the chapel at 633-7267 (050-54-7267).

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass

11:15 a.m.: Protestant worship

Protestant **Sunday school** starts at 10 a.m.; Catholic CCD at 11:15 a.m.

Christian Men's **Bible study** is every Thursday at 5 p.m. in Mertz Hall at the Darby Chapel. A light meal is served with Bible discussion afterwards.

Protestant Women of the Chapel **Bible study** meets Tuesday from noon to 1 p.m. and Wednesdays from 5:30 p.m.-6:30 p.m.

Choir practice is at 9:30 a.m. on Sunday before Mass.

ACS employee and certified personal trainer Victor Arthur (far right) credits the Army for making him into the man he is today. Arthur gives back to the community by offering free spin classes at the post gym. He also hopes to offer CPR classes.



Spinning ... for the love of it

ACS employee gives back to Army by volunteering spin sessions

Story and photo by
CHIARA MATTIROLO
USAG Livorno Public Affairs

Camp Darby Army Community Service Mobilization and Deployment Specialist Victor Arthur does more than help families and service members deploying.

His passion for fitness has led him to volunteer during his lunch time by offering free spin classes at noon on Tuesdays and Thursdays at the post gym.

Arthur received his personal trainer certification while working at the post gym in Grafenwoehr, Germany, where he

was assigned as a recreation specialist. Arthur said he wanted to volunteer at Camp Darby because he feels he owes much to the U.S. Army.

"The Army has helped me becoming the man I am now," said Arthur. "I had a very poor childhood and was the middle child of a fatherless family of nine children; I did not have much knowledge of the world and then my cousin suggested that I join the military to acquire experience and independence."

Arthur is a certified personal trainer and cardio pulmonary resuscitation, or CPR, instructor. He said in addition to doing free spin classes and personal

training, he would like to support the family readiness groups of Camp Darby by offering fitness as well as child, infant and adult CPR and first aid classes at the ACS Yellow ribbon room.

"The family readiness group participants will then be brought to the gymnasium for a practical demonstration on the use of the new training machines and on the best way to build muscles," said Arthur. "I am working for realizing this project by the month of February."

Arthur said anyone can make a difference by volunteering in the Camp Darby Community; all they need to do is come by ACS and register.



Circus comes to Livorno Feb. 4-15

Story and photo by
CHIARA MATTIROLO
USAG Livorno Public Affairs

Children's eyes light up when talking about their favorite show—the circus.

Every year the Medrano Circus comes to Italy for the autumn and winter seasons before beginning a new tour around Europe. This year they will perform in Livorno Feb. 4 -15.

Medrano is the only Italian circus that has received the Golden Clown award twice for exceptional animal shows. This award is a world-renowned recognition presented by the royal family of Monaco during the annual circus festival of Monte Carlo, Monaco; it is

considered to be the most prestigious competition for circus artists worldwide.

"Our spectators can enjoy unique shows with giraffes, horses, rhinos, lions, elephants, kangaroos, camels and the great dalmatians dog exhibition," said Marino Alberti, Medrano Circus press agent.

Photo opportunities with the dalmatians are offered during the show. The performance lasts a little over two hours with a 20-minute intermission.

"During the break, besides posing with the dogs or enjoying sweet cotton candy or popcorn, the spectators can also take a visit to the zoo," said Alberti.

Circus dates Feb. 4-15

Weekdays at 5 and 9 p.m. and weekends at 3:30 and 6 p.m.

Visit www.medrano.it.

How to get there

Take the Livorno bypass and exit at "Livorno Sud," heading toward "Roma." The circus area will be on your right. Parking is available next to the ticket tent.

Discounted Tickets

Show your military ID or Camp Darby access card for an 11 Euro discount (except for holiday and Sunday shows)

Where to stay

Camp Darby's Sea Pines Lodge and log cabins now offering winter rates. Call 633-7225.

The circus zoo is open daily from 10 a.m. to 3 p.m.

A very particularly breathtaking exhibition will be offered by six crazy motorcyclists riding into a globe called "Globo della Morte".

A circus is not complete without the beloved clown show. At the Medrano Circus the internationally renowned clowns Otto and Vladi and Kevin the ventriloquist will entertain children and adults with their irresistible performance.



Visit the Venice Carnevale Web site for times and event listings at www.carnivalofvenice.com. Call Vicenza's ODR at 634-7453 or Livorno's ITR at 633-7589 to schedule a trip. See below for details.

Courtesy photos

Carnevale & local festivals

Carnevale is celebrated in Italy and many places around the world 40 days before Easter.

The word Carnevale comes from the Latin *carne* (meat) and *levare* (removal of the meat), an expression used in the Middle Ages that marked the beginning of Lent.

It is a winter festival celebrated with parades, music, masquerade balls, and parties. Pranks are very common during Carnevale, hence the saying "A Carnevale ogni scherzo vale", that is, "every type of fun is allowed during this time period."

Children throw *coriandoli* (*confetti*) at each other. Carnevale pastries called *crostoli*, thin dough strips fried and dusted with confectioners' sugar, and small doughnuts called *frittelle*, fill the stores. Masks (*maschere*) are an important part of Carnevale and Venice is the main city for traditional carnival masks.

This year Carnevale is Feb. 16 but celebrations in Venice and many parts of Italy will run Feb. 6 (or even earlier) through Feb. 16.

Carnevale in Venice

Saturday: Carnival Opening Show, 9 p.m., in Piazza San Marco.

Sunday

■ 11 a.m.: in Rio di Cannaregio: Venetian Party - A spectacular party with water parade of the Venice Rowing Club and booths featuring food specialities.

■ Noon: the traditional "Volo dell'Angelo" (The angel's flight). A guest-star flies from the Torre del Campanile reaching the ground accompanied by the historical parade.

■ 3 p.m.: La Festa delle Marie

(Marias' Festival), Seven Venetian girls parade accompanied by historical traditional groups from San Pietro di Castello to Piazza San Marco. The prize for the winning "Maria" will be awarded Feb. 16.

■ 3 p.m.: Period costume festival and street artists.

Feb. 6-16, 11 a.m.- 6:30 p.m.: Carnevale al buio (Carnevale in the dark), at Palazzo delle Esposizioni, Calle dei Forni. This is a unique sensorial experience involving expert sightless guides leading visitors round a special sense heightening circuit, totally in the dark. Tours are in partnership with the Blind Institute of Milan. Admission fee: 5 euro.

■ Carnevale Sensation for Children:

■ Saturday: opening show in Piazza San Marco.

■ From Saturday to Wednesday, Sensation Bus: tour the islands and other towns near Venice.

■ Thursday, Feb. 11: 3 p.m.: closing party in Piazza Ferretto with presents for all the children.

For information in English about the Venice Carnevale, visit <http://www.carnevale.venezia.it/>.

Carnevale in Bassano del Grappa

Sunday, Piazza Libertà about 22 miles northeast of Vicenza. Starting at 3 p.m. costume parade and live music with Meri & Elisa Orchestra, make-up workshops open to everyone with Bassano's make-up artists.

Saint Valentine Festival, in Pozzoleone, about 12 miles northeast of Vicenza.

■ Feb. 6-7, 8 a.m. - 11:30 p.m.: indoor exhibition of art and photos, furniture, sports equipment and collectors' items.

■ Feb. 7, 8 a.m. to 8 p.m. Outdoor exhibition and market featuring more than 300 stands

and antique market from 8:30 a.m. to 6 p.m.

Free concerts & classes

Irish and Scottish dances today, 8:30-10 p.m., in Thiene, Silicon Kafe Association, Via Zanella 38/40, about 18 miles north of Vicenza.

Rino's World Quartet in Concert - Jazz: Saturday, 9:30 p.m., in Polegge, Equobar, Via Marosticana 350, about 4 miles north of Vicenza.

Conservatory students in concert: Saturday, 5 p.m., in Vicenza, S. Chiara Chapel, Contrà Santa Chiara.

Shiatsu-Open Day: Sunday, 9:30 a.m.-6 p.m., in Vicenza, Via del Progresso 36/38. Free sample shiatsu massages and shiatsu workshops.

Explore the sky: Astronomical Observatory of Arcugnano, Tuesday, 8:30 p.m., Via S. Giustina, 127, about five miles south of Vicenza. View the sky and the planets in great detail with the observatory's telescope.

Jazz Not Dead Festival Tuesday, 10 p.m., in Vicenza, Bar Sarte, Corso S. Felice e Fortunato.

The Odeon Theater in Vicenza, Corso Palladio 176, will be featuring movies in English through the winter. Monday: Tetro by Francis Ford Coppola. Times: 4:30, 6:45 and 9 p.m. Tickets cost 6 euro. Visit www.mymovies.it/cinema/vicenza/6217/ for information on what movies are showing.

Paid concerts

Joss Stone: Saturday in Padova; Sunday in Rome, Auditorium; Monday in Milano, Club Alcatraz.

Dave Matthews Band: Feb. 22 in Milan, Palasharp; Feb. 25 in Padova, Palasport.

Labyrinth: March 3 in Milan, Alcatraz.

Johnny Winter: March 4 in Roncade, Treviso, New Age Club; March 5 in Milan, Music Drome.

Saxon: March 15 in Milan, Trezzo sull'Adda, Live Club; March 16 in Bologna, Estragon.

Alicia Keys: May 2 in Verona, Arena.

Whitney Houston: May 4 in Milan, Assago, Mediolanum Forum.

AC/DC: May 19 in Udine.

Michael Bublè: May 22 in Verona, Arena; May 13 in Milan, Assago, Mediolanum Forum.

Tickets are available in Vicenza at Media World, Palladio Shopping Center or online at http://www.greenticket.it/index.html?imposta_lingua=ing or <http://www.ticketone.it/EN/>.

Outdoor Recreation

Pisa and Lucca, Saturday, 6 a.m. - 10 p.m.; \$55, children under 2 free (includes transportation and guided tour in Lucca)

San Martino ski/snowboard, Saturday, 6 a.m. - 7:30 p.m.; \$30 (includes transportation)

Attend the **Venice Carnivale** with ODR Sunday. Cost is \$45 for bus transportation. Free for kids under 2; a baby backpack is recommended as Venice is not stroller-friendly. Call 634-7453.

Ski/snowboard Italy's beautiful slopes on Valentine's weekend with ODR. Take a day trip to **Obereggen Feb. 13** for \$30 or spend the whole weekend in the romantic mountains of Panarotta Feb. 13-15 for \$300.

Call 634-7453 for more information, or visit www.vicenzamwr.com.

Now Showing



Ederle Theater

Thursday	Old Dogs (PG)	6 p.m.
Friday	Old Dogs (PG)	6 p.m.
	Ninja Assassin (R)	9 p.m.
Saturday	Armored (PG-13)	3 p.m.
	Edge of Darkness (R)	6 p.m.
Sunday	Armored (PG-13)	3 p.m.
	Edge of Darkness (R)	6 p.m.
Wed.	Ninja Assassin (R)	6 p.m.
Feb. 11	Armored (PG-13)	6 p.m.

Camp Darby Theater

Friday	The Book of Eli (R)	6 p.m.
Saturday	Twilight Saga: New Moon (PG-13)	6 p.m.
Sunday	Old Dogs (PG-13)	1 p.m.
Feb. 11	Ninja Assassin (R)	6 p.m.

Admission: Age 12 and over \$4, under age 12, \$2.
The Ederle theater box office opens one hour prior to show.

Looking for the movie synopsis? Visit www.aafes.com, scroll to the bottom of the page and click on Movie Schedule.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

Biggest Saver Contest

Enter the Biggest Coupon Saver contest by writing your name and phone number on the back of your commissary receipt showing your total coupon savings and drop it into the contest box by the Commissary exit. Win two tickets to a Dave Matthews Band concert Feb. 11 by random drawing, or March 1 win two tickets to Tokio Hotel by being the biggest saver.

Win savings bonds

Kids K-12 are invited to enter a contest sponsored by the Financial Readiness Program and the Vicenza PTSA for the prize of savings bonds. Kids should submit an original creative product (essay, artwork, slideshow, song, rap or TV commercial) about saving money. Submissions are due to teachers, the PTSA box or the Financial Readiness Program in Bldg. 108 by Feb. 22.

Parent & child dance

You're invited to the Parent & Child Dinner 'n' Dance 2010 with a James Bond 007 & casino theme night at the Arena on Feb. 27. Tickets are \$25 for adults and \$20 for children and are on sale now at the Tax Relief or at CYSS Parent Central Services. Sign up deadline is Feb. 19.

BOSS party

A Superbowl Sunday BOSS Party is planned Sunday at 9 p.m. in the BOSS lounge with free food, comfortable couches and a TV with surround sound.

Arts & crafts center

Intro to Framing will be offered Feb. 20 at 10 a.m. at the Art Center. Call to reserve your place before February 18.

Arena

Feb. 14 is **slumber party night** at the Arena! Downstairs is bowling in pjs with your family for the special price of \$24.95. Upstairs is Daytona 500 in your Nascar jammies starting at 7 p.m.

It's a Fat Friday **Mardi Gras** party on Feb. 19 starting at 8 p.m. Drink specials and giveaways.

Bingo is back Feb. 15 with sign-ups starting at 5:45 p.m. Cost is \$15 at the Arena.

ACS

New to Vicenza? ACS provides a brief overview of programs and services offered to family members on Feb. 16 at ACS.

Bringing Baby Home class hosted by the New Parent Support Program will be held Feb. 18 at 3:30 p.m. at ACS.

Basic Principles of Parenting class will be held Feb. 16 at 11:30 p.m. at ACS with the Family Advocacy Program.

EFMP bowling special at the Arena on Feb. 15 at 3 p.m. Bowl for only \$3.50 an hour.

Secure the ideal resume by learning **resume-writing** skills Feb. 16 at 10 a.m. at ACS.

Identity theft class on Feb. 16 teaches you how to deter, detect and defend against ID theft. Class starts at 9 a.m. at ACS.

Team Building for Volunteers

class is on Feb. 17 at 1 p.m. with the Army Volunteer Corps.

Freddy FAP visits Italy on Feb. 17 at 3:30 p.m. The **Family Advocacy Program** hosts fun activities and food for children and their Families.

An **Anger management** class is on Feb. 18 at 11:30 p.m. Anger management for parents and their children is Feb. 18 at 3:30 p.m. at ACS.

CYS Services

On Feb. 11, the School Age Center welcomes families with school-age children to join us for our **Valentine's Day party**. Please note that children who are not enrolled in SAC must be accompanied by a parent. Call 634-8253 for more info.

Family Art Day is on Feb. 20 at the Art Center. Call CYSS Parent Central Services to enroll for this fun day!

Library

Win free "Dear John" book-to-film prizes by playing BINGO at the Library, Feb. 18 from 5 - 6 p.m. Take home t-shirts, posters and bookmarks.

Valentine's Day dinner

FMWR Special Events presents a Valentine's Day romantic dinner at Sette Santi on Feb. 14 at 7 p.m. Enjoy dinner high above the sparkling lights of Monte Berico. Purchase tickets for €25 per person at Outdoor Recreation before Feb. 11. Call 634-5087 for information.

Learn about benefits

If you are within one year of separating from the military, attend classes and counseling at the Vicenza ACAP Center. They offer:

- Pre-separation counseling
- Veterans Affairs briefing

Call 634-7189 to register today.

Prayer breakfast set

The Caserma Ederle National Prayer Breakfast will be Feb. 11 at the post dining facility from 7-8:30 a.m. The guest speaker will be USAREUR Chaplain (Col.) Ray Bailey. Uniform is duty uniform or civilian business casual. Free tickets will be distributed beginning Thursday. Call 634-8156 for information.

Interested in becoming a warrant officer?

Stop by the dining facility Tuesday mornings between 8 and 9 a.m. to visit with the community warrant officers as they share their experiences and find out how you can become an expert in your field. The next meeting will be Feb. 18.

Community Calendar Highlights

Sunday: Super Bowl Sunday
Monday: USAREUR half-day holiday
Feb. 11: National Prayer Breakfast
Feb. 12: USAREUR Training Holiday
Feb. 15: Italian Rest Day; U.S. Holiday (Presidents Day)

Contact Chief Warrant Officer 4 Patricia Roberts at 634-7750.

Dental clinic announcements

An **oral and maxillofacial surgeon**, who will be able to provide critical services for our community and reduce the number of Soldiers who need to be referred to Landstuhl, will join the dental clinic staff around August.

Limited appointment space is available, but the **Dental Clinic is accepting appointments** for family members, retirees and other beneficiaries. In January, 75 percent of appointments were non-active duty.

Vicenza was recognized for having the highest percentage of patients who appear for appointment in Europe. This helps ensure they can provide the most care to the greatest number of patients.

Community members can now have a **cleaning and annual exam** in the same appointment on Mondays, Tuesdays or Friday afternoons. Call DSN 634-7272 for an appointment.

SKIESUnlimited

SKIESUnlimited has added an additional **Pre-Dance** class for ages 4-5 Fridays from 2:30-3:15 p.m. The class will be held in the SKIES dance studio in Villaggio. Cost is \$120 for the session.

Spaces are also available in these programs, which kick off in February: Ballet, Jazz, Teen Danz, Intro to Painting, Jewelry Making, Quilting, Creative Acting and Culinary Arts for youth and teens.

A **soap making workshop** will be held Feb. 20 from 10 a.m.-noon in the Army Community Service kitchen. The cost is \$25 and all supplies are provided.

Each child of a deployed Soldier receives four **deployment credits** which can be used to take SKIES classes for free. For details or enrollment, visit CYSS Parent

Central Services at ACS or call 634-8051/7219.

Scouts selling cookies

The Girl Scouts will be selling cookies at the PX and commissary on weekends beginning Sunday.

Boy Scout anniversary

The Boy Scouts Troop 295 will celebrate the BSA's 100th Anniversary Feb. 27 on the North 40 track across from the Health Center. The community is invited to attend the event.

Club Beyond's Pancakes 4 Poland

Club Beyond is hosting "Pancakes 4 Poland" Feb. 16 from 6:30-8 p.m. at the chapel.

It is a fund raiser dinner to support Vicenza High School students' annual spring break service project.

This year the group will join teens from around Europe in Katowice, Poland. Purchase tickets from a high school student or at the door.

Arts & crafts center

Need a **framing refresher**? Join the arts center Wednesday at 4 p.m. and renew your skills. Sign up by Sunday. Visit the arts center to check out their **great variety** of classes offered, including a wood safety certification course and beginner's quilting starting Saturday and clay hand building Sunday. Call the center for details.

Black History Month at the DFAC

The dining facility will celebrate Black History Month with a "Soul Food" themed lunch Feb. 18. Please mark your calendars and come on over and help us celebrate this special occasion.

Check students' grades

Register at <https://dodea.gradespeed.net/gs/Default.aspx> to keep in touch with teachers and to check your student's grades.



Photo by Kelli Covlin

Quilting class: Cara Rhodes sews her friendship quilt during a SKIESUnlimited quilting workshop in November. The workshop teaches students the basics of quilting. SKIES has workshops scheduled Feb. 27, March 27, April 24 and May 22 from 8 a.m.-noon. Quilting workshops are open to youth 10-18 and cost is \$60 per workshop.

Children of deployed Soldiers can use one of their SKIES deployment credits to take the workshop for free. For more information on this or any SKIES program, stop in at Parent Central Services in the Davis Soldier & Family Readiness Center or call 634-8051.

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours call **634-KARE** (634-5273).

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass

(Daily Mass is held weekdays at noon)

9 a.m.: Protestant Sunday school and AWANAs (September through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11 a.m.: Protestant worship

1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship

5 p.m.: Contemporary Christian service

Mondays

Noon: LDS scripture study

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

3 p.m.: Praise Dance practice

3:30 p.m.: Middle School Club Beyond meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC evening Bible study (beginning Sept. 8. Child care offered for children ages 6 weeks to 4 years)

5:30 p.m.: High School Club Beyond meets at the Teen Center September-May. Call 340-139-4073.

5:30 p.m.: Catholic choir practice

6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Spc. Kasimov, 329-034-3511.

Jewish: Sandy Schoenberg at 634-6202 or sandy.schoenberg@eur.army.mil.

Latter Day Saints: Scripture study is held each Monday, noon-1 p.m. at the chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Call Sean Peterson at 335-821-9492.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for religious activities.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon Monday or by Friday at 4 p.m. if Monday is a holiday.

New fitness classes

New Sports, Fitness & Aquatics fitness classes are offered in the upstairs group fitness room. Please pay first at the fitness center front desk. Cost is \$3 per class or \$2.50 for 10 classes.

Softball, baseball sign-up

Sign-ups for girls' softball and boys' baseball are Friday through Feb. 26 or until spaces are filled. CYSS registration must be valid through the end of the season.

The season runs from April 17 through June 5. Practice begins March 22. Call 634-6151.

Youth Yoga starts today

CYSS will offer Youth Yoga, from today to March 25 for ages 6-18. Cost is \$20 for 8 weeks; classes are every Thursday.

Sign up at CYSS Parent Central Services or online at Webtrac by Friday.

Don't miss your opportunity to serve

Consider serving as a volunteer coach this spring with CYSS.

Become a baseball, softball, track or rock climbing coach for CYSS Sports & Fitness.

Call to learn about upcoming Coaches' clinics and earn your certification. Call 634-6151.

Volleyball coach needed

Volleyball coach needed to begin training middle school boys and girls in March.

Send resumes to Tom Hlavacek@us.army.mil or call 634-7502 or 335-818-6927.

Free spouses-only swim lessons through March

Every Wednesday at the Post Pool there will be free swim lessons for military spouses. Class size is limited to six swimmers per lesson.

Sign-up no later than the Monday prior to class at the Post Fitness Center.

For information, call swim instructor David Besuden at 634-7009.

EDGE! opportunities available for kids

As the name signifies, the Edge! program provides children and youth opportunities to experience, develop, grow and excel.

The EDGE! program offers children-focused after-school, non-school-day and summer activities in partnership with FWMR organizations.

EDGE! activities are delivered through four different packages - Fit EDGE!, Art Edge!, Adventure EDGE!, and Life EDGE!

For additional information e-mail Tom.Hlavacek@us.army.mil or call Tom at the CYSS Partnership Office at DSN 634-7502 or cell 335-818-6927.

CYSS Edge! players Shane Martinez (left) and Torri di Quartesolo opponent Joseph Carli go for the ball at midfield during a match Saturday. The Edge! team competed against the Torri di Quartesolo youth club in an Italian vs. American friendship match at Caserma Ederle's turf field, despite the snowy, cool conditions.

Photo by Laura Kreider



CYSS teens, Torri compete in snowy match

By TOM HLAVACEK
CYSS Edge!

In Italy, soccer is called calcio and in America, soccer. For most other countries, it's football, but once the whistle blows, it's all the same.

On Saturday afternoon, Caserma Ederle's CYSS Edge! soccer team played a friendly match against Torri di Quartesolo.

International sports provide an easy way for players to meet since the ball

becomes the center of the activity and language is not needed. Players communicate with the ball.

Before the game could start, coaches and parents shoveled the snow from the turf field so the teams could play. Torri won 2-1, but winning wasn't the aim for the players this day.

"It was a nice experience, simply great," said 16-year-old Torri goalie Elia Manuri, following the match.

Coach Ronaldo Reytervogel said, "The Edge! team played better in the

second half. We wanted to work on fundamentals since it was our first game after only two practices, so it was good for us."

The coach's son, right mid-fielder Ronaldo Reytervogel Jr., scored at the 70th minute from 10 meters in the second stanza to tie the score but four minutes later, Torri scored to win 2-1.

The next Edge! game is scheduled for Friday at 6 p.m. The team will travel to Lerino near Torri di Quartesolo for a rematch.

Active lifestyle keeps families heart-healthy

Child and Youth School Services

February is Heart Awareness Month—a month dedicated to promoting living a healthy lifestyle and strengthening the heart physically.

February is also known for Valentine's Day, a day to celebrate and recognize those who we love. Whole Family Wellness supports both of these themes.

Sharing family health and fitness not only benefits your heart physically, but also emotionally. Spending time together creates family bonds and memories that last a lifetime. Here are some ways that you and your family can spend time together and benefit both physically and emotionally this month:

- Take a stroll in downtown Vicenza. Stop by the local markets and pick-up fresh fruits, vegetables or whole wheat bread.

- Teach your family a physically-active childhood game. If it's raining outside, play Twister or have a dance party inside.

- When it's play time, try tag or relay races. Anything that gets you and your family moving is a good way to keep active, and promote a fit lifestyle.

- Participate in the Family Float/Swim days at the new fitness center pool.

- Make chocolate-dipped strawberries instead of buying Valentine's Day candy. Since strawberries aren't in season, defrost frozen strawberries and melt semi-sweet chocolate for 30 seconds to one minute. Dip each strawberry halfway and then place on a baking sheet covered in wax paper. Refrigerate for at least one hour and enjoy two or three.

- Enroll your child and coach one of our many individual or team sports, including yoga, rock climbing, track and field, spring soccer, baseball or softball.

For more information, call Sky Clarke, USAG Vicenza's sports clinician, CYSS, at 634-6151.



Courtesy photo

Cole Overman, two-time middle school wrestler of the week, spars with his opponent during a meet Saturday in Aviano.

Wrestlers take 3rd at Aviano

High school team vies for spot at European championships Feb. 19-20

By BESS WILLIS
Special to the Outlook

The Vicenza Middle/High School wrestlers finished third overall against teams from Germany at meet Saturday in Aviano.

Joe Boswell and Kyle Kaus both won their respective weight classes, while Jeremy Huller, Kyle Leanhart and Antonio Echevarria finished second in theirs.

The middle school wrestler of the week was again Cole Overman.

Saturday completed the competitive season for the middle school students, but they will continue to support the high school team in practice and by working the sectional tournament in Vicenza Feb. 13 at the post gym.

High school wrestler of the week was Leanhart, who is still in his first year of wrestling. The high school team will travel to Rome for the final regular season meet the weekend of Feb. 6. Vicenza will host the sectional tournament Feb. 13, competing for the right to vie for the European championships Feb. 19 and 20.